

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Gracie Combatives (Bring-a-Friend Class) 07:00am-08:00am
					GC Reflex Development (Invite Only) 08:00am-09:00am
					Master Cycle 9:00am-10:00am
Little Champs (5-7 yrs) 4:30pm-5:15pm		Little Champs (5-7 yrs) 4:30pm-5:15pm			
Jr. Grapplers (8-12 yrs) 5:30pm-6:15pm		Jr. Grapplers (8-12 yrs) 5:30pm-6:15pm			
Gracie Combatives (Bring-a-friend Class) 6:30pm-7:30pm	Gracie Combatives 6:30pm-7:30pm	Gracie Combatives (Bring-a-friend Class) 6:30pm-7:30pm	Gracie Combatives 6:30pm-7:30pm		
Master Cycle 7:30pm-8:30pm		Master Cycle 7:30pm-8:30pm			

10-Day Free Trial – Satisfaction Guaranteed!

At most ju-jitsu schools, they'll let you try one class before you sign up. At our school, we prefer that you try our programs for 10 days before you make an enrollment decision. Assuming you love everything about our school, you can enroll after the trial period. If it's not *exactly* what you're looking for, you won't be charged for anything. No experience is necessary, and you will love the classes – we guarantee it. Speak to a team member about starting your 10-day free trial today!

Six Things Every Student Should Know

- 1. Respect everything and everyone at the school
- 2. Ask questions every chance you get
- 3. Arrive 5-10 minutes early to class

- 4. Wash your Gi after every class
- 5. Learn from everyone and share with everyone
- 6. Introduce your friends to Gracie Jiu-Jitsu