

JANUARY 2025

Located inside Mesa Mall
Next to Bootbarn!
(970)901-0201
10-Day FREE Trial!



GRACIE JIU-JITSU® GRAND JUNCTION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
			5:30p.m. - GC 6:30p.m. - RD	4:30p.m. - LC 5:30p.m. - JG		9:00a.m. - WE 10:00A.M. - GC 11:00A.M. - MC BRING A FRIEND!
5	6	7	8	9	10	11
	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - GC	4:30p.m.- JG/BBC 5:30P.M. - WE 5:30p.m. - MC 6:30p.m.- GC	5:00p.m. - MM 5:30p.m. - GC 6:30p.m. - RD	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - MC		9:00a.m. - WE 10:00A.M. - GC 11:00A.M. - MC WE SEMINAR 1:00PM-3:30PM
12	13	14	15	16	17	18
	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - GC	4:30p.m.- JG/BBC 5:30P.M. - WE 5:30p.m. - MC 6:30p.m.- GC	5:00p.m. - MM 5:30p.m. - GC 6:30p.m. - RD	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - MC		9:00a.m. - WE 10:00A.M. - GC 11:00A.M. - MC BRING A FRIEND!
19	20	21	22	23	24	25
	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - GC	4:30p.m.- JG/BBC 5:30P.M. - WE 5:30p.m. - MC 6:30p.m.- GC	5:00p.m. - MM 5:30p.m. - GC 6:30p.m. - RD	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - MC		9:00a.m. - WE 10:00A.M. - GC 11:00A.M. - MC BRING A FRIEND!
26	27	28	29	30	31	1
	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - GC	4:30p.m.- JG/BBC 5:30P.M. - WE 5:30p.m. - MC 6:30p.m.- GC	5:00p.m. - MM 5:30p.m. - GC 6:30p.m. - RD	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - MC		

MM = Mat Munchkins (ages 3-5) LC = Little Champs (Ages 5-7)
 WE=Women Empowered (Ages 13&Up) JG= Jr Grapplers (Ages 8-12)
 GC = Gracie Combatives(Ages 13&Up) MC = Master Cycle (Invite Only)
 RD = Reflex Development (Invite Only) BBC = Black Belt Club (Invite Only)