

NOVEMBER 2024

Located inside Mesa Mall
next to Boot Barn & Dillard's!

(970)901-0201
10-Day FREE Trial!



GRACIE JIU-JITSU® GRAND JUNCTION

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
						9:00a.m. - WE 10:00A.M. - GC 11:00A.M. - MC BRING A FRIEND!
3	4	5	6	7	8	9
	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - GC	4:30p.m.- JG/BBC 5:30P.M. - WE 5:30p.m. - MC 6:30p.m.- GC	5:00p.m. - MM 5:30p.m. - GC 6:30p.m. - RD	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - MC		9:00a.m. - WE 10:00A.M. - GC 11:00A.M. - MC BRING A FRIEND!
10	11	12	13	14	15	16
	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - GC	4:30p.m.- JG/BBC 5:30P.M. - WE 5:30p.m. - MC 6:30p.m.- GC	5:00p.m. - MM 5:30p.m. - GC 6:30p.m. - RD	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - MC		9:00a.m. - WE 10:00A.M. - GC 11:00A.M. - MC BRING A FRIEND!
17	18	19	20	21	22	23
	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - GC	4:30p.m.- JG/BBC 5:30P.M. - WE 5:30p.m. - MC 6:30p.m.- GC	5:00p.m. - MM 5:30p.m. - GC 6:30p.m. - RD	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - MC		9:00a.m. - WE 10:00A.M. - GC 11:00A.M. - MC BRING A FRIEND!
24	25	26	27	28	29	30
	4:30p.m. - LC 5:30p.m. - JG 6:30p.m. - GC	4:30p.m.- JG/BBC 5:30P.M. - WE 5:30p.m. - MC 6:30p.m.- GC	5:00p.m. - MM 5:30p.m. - GC 6:30p.m. - RD	CLOSED HAPPY THANKSGIVING		9:00a.m. - WE 10:00A.M. - GC 11:00A.M. - MC BRING A FRIEND!

MM = Mat Munchkins (ages 3-5) **LC = Little Champs (Ages 5-7)**
WE=Women Empowered (Ages 13&Up) **JG= Jr Grapplers (Ages 8-12)**
GC = Gracie Combatives(Ages 13&Up) **MC = Master Cycle (Invite Only)**
RD = Reflex Development (Invite Only) **BBC = Black Belt Club (Invite Only)**