

# CLASS SCHEDULE



# Ranges Gracie Jiu Jitsu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 Little Champs 4:00pm - 5:00pm			Private Lessons 6:00am - 7:00am	Private Lessons 7:00am - 10:00am
	 Jr. Grapplers 5:00pm - 6:00pm				 10:00am - 11:00am
	 6:00pm - 7:00pm				Private Lessons 6:30pm - 7:30pm
Private Lessons 7:00pm - 8:00pm	Reflex Development/ Fight Simulation 7:00pm - 8:00pm	 7:00pm - 8:00pm	Private Lessons 7:00pm - 8:00pm	 7:30pm - 8:30pm	Sparring 12:00pm - 12:30pm
Private Lessons 8:00pm - 9:00pm	Master Cycle <small>THE GRACIE WAY FROM BLUE TO BLACK BELT</small> 8:00pm - 9:00pm	Master Cycle <small>THE GRACIE WAY FROM BLUE TO BLACK BELT</small> 8:00pm - 9:00pm	Private Lessons 8:00pm - 9:00pm	Master Cycle <small>THE GRACIE WAY FROM BLUE TO BLACK BELT</small> 8:30pm - 9:30pm	 Little Champs 1:00pm - 2:00pm
Private Lessons 9:00pm - 10:00pm	Sparring 9:00pm - 9:30pm	Sparring 9:00pm - 9:30pm	Private Lessons 9:00pm - 10:00pm	Sparring 9:30pm - 10:00pm	 Jr. Grapplers 2:00pm - 3:00pm

**Get Started ! Call us today 0411 444 110**

**www.rangesgraciejiujitsu.com | Shop 1, 13 Kilvington drive Emerald**